

Combined with a yoomi warmer your yoomi bottle warms feed to the natural temperature of breast milk in just 60 seconds. You don't have to plug in your yoomi warmer, and it doesn't need batteries, but it does like to be charged. Charging is easy, you either use a microwave, a pan of boiling water, or an electric steam steriliser. You recharge your warmer in the same way between each use (up to 150 times). Once it's charged, it stays charged until activated so you can feed baby exactly when it suits both of you.

yoomi bottle



yoomi cap



yoomi easi-latch™ teat



yoomi collar



yoomi bottle

combined with your yoomi warmer – all you need for feeding

yoomi warmer

– the self-warming baby bottle



yoomi warmer



yoomi pod

your yoomi pod does not sterilise your warmer



using your yoomi bottles and teats

Give each part of your yoomi bottle a wash in warm, soapy water using a teat brush for the teat. Rinse in fresh water. Or you can put all the parts in your dishwasher.

You'll need to wash and sterilise your yoomi bottle and teat before you feed your baby.

Sterilise the parts of your yoomi bottle using any sterilisation method. Just follow the normal steps in the steriliser manufacturer's instructions.



using your yoomi warmer

You'll need to charge and sterilise your yoomi warmer between each feed. If your warmer feels solid and doesn't rattle then you'll need to recharge it.

Charging the warmer is easy, you have 3 options. You can charge;

- A In a microwave - using the yoomi pod
- B On the hob - in boiling water
- C In an electric steam steriliser

A to microwave:

These instructions can be used for 750-1000 watt microwaves. Always use the pod when charging your warmer in a microwave - the pod is an essential safety device designed to protect your warmer.

1. Place the warmer upside down in its pod
2. Secure lid by clicking arms in place
3. Place in microwave on full heat and according to guidelines here
4. Take the pod out and shake vigorously for 30 seconds – you should hear a rattle
5. Place the pod back in the microwave for another 30 seconds
6. Repeat the shake (30 seconds)
7. Allow to cool before use



B to boil:

- You can charge and sterilise one or more warmers at once
- Ensure warmers are on their side and fully submerged in water for full duration
- Set a timer for 25 mins and make sure the water is boiling throughout
- Remove and allow to cool before use

C to use an electric steam steriliser:

You can charge and sterilise your warmer by placing it in an electric steam steriliser (without its pod) for 25 minutes continuously, using four times the amount of water the steriliser manufacturer recommends. So if they say 40ml, use 160ml. It's a good idea to check the manufacturer's instructions for your steriliser.



time to feed?

Clean and sterilise your bottle. Pop the collar over the teat, you'll hear a soft click when it's connected. Pick up the warmer using the collar and teat, then screw these onto the bottle.



Ready to warm the feed? Firmly press the orange button through the teat, a few seconds later the warmer will be active and it won't rattle when you shake it. Wait 30 seconds.

When the orange button starts to fade put the cap on and turn the bottle upside down so your feed runs over the warmer and into the teat. Leave your yoomi upside down for about 30 seconds.

If you want to use the bottle on its own pop the collar over the teat (listen for the soft click as it locks into place) and fill the bottle with feed. Then screw the collar and teat onto the bottle. Feed away.

Charging your warmer with a pod does not make it sterile. You can sterilise your charged warmer in an electric (non-microwave) steam steriliser on a regular cycle or in boiling water for 4 mins.

Microwave guidelines

Watt	Duration 1	Duration 2
750	1min 20secs	30secs
800	1min 10secs	30secs
850	1min 10secs	30secs
900	1min	30secs
950	1min	30secs
1000	50secs	30secs



Cooling your warmers:

yoomi warmers need a little rest before they are ready to go so leave them to cool down completely before next use (75 mins at room temp, 20 mins in cold water). If you press the button too soon you could permanently damage your yoomi warmer.

Used the pod? Cool and sterilise your warmer at the same time using a cold water sterilising solution such as Milton.

farah's tip

yoomi is perfect for use with expressed breast milk (ebm) and pre-mixed formula. We always follow Department of Health guidelines on making up formula feeds.

- Do not exceed the times in the guidelines.
- Do not microwave your warmer without its pod
- Do not be tempted to merge the durations
- Only one pod at a time in the microwave
- You must rinse and dry your pod between uses (cold water).
- If the red warming band is visible (2mm or more) during heating the warmer has been overcooked.
- If you see any blue liquid do not open the pod until it has fully cooled. The blue liquid is non-toxic but may be hot.
- If your warmer has failed to charge correctly, see further recharge tips overleaf.

farah's tip

I check my warmer is fully recharged by gently pressing the base. The base feels flexible and 'liquid' inside and you can hear a rattle, like a ball in liquid. No rattle? Sound slushy? Check our recharge tips overleaf for more help.

farah's tip

Your warmer base will expand and the button will fade during recharge – this is perfectly normal. yoomi warmers are ready to go again when the button is orange and the cooled warmer rattles when you shake it.

farah's tip

I always store my yoomi warmers and bottles in the fridge with the cap on, yoomi warmers happily stay charged in the fridge.

Watch yoomi mum Jen use yoomi at www.yoomi.com/how-to-use
Email us with your questions at hello@yoomi.com

about yoomi

inspired by mum, designed by dad

yoomi was created by Farah and Jim, a mum and dad whose experiences of bottle warming (stumbling around a kitchen in the early hours and begging waiters for hot water when out and about) inspired them to look for a better solution. The combination of Farah's inspiration and Jim's engineering skills, together with expert advice and help from friends and family, has created yoomi, the bottle that warms your baby's feed in just 60 seconds.

All yoomi bottles are BPA-free and have a clever breast-like anti-colic teat for easy latch-on, creating a comforting feeding experience that is perfect for bottle only, combination feeding or transitioning your baby from breast to bottle.

Combined with a warmer, yoomi warms feed to the natural temperature of breast milk in just 60 seconds. Or you can use your yoomi bottle on its own.

yoomi bottles, teats and warmers are interchangeable across the range and are easy to assemble and use.

Also available from yoomi

- **charging pods**
- **starter packs**
- **5oz/140ml bottles**
- **8oz/240ml bottles**
- **warmers**
- **slow, medium and fast flow teats**

Learn more at www.yoomi.com and join our family to get all the latest news and offers.

We'd like to hear your ideas, comments and questions.

Contact us at hello@yoomi.com or call on +44 (0) 800 066 9950

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yoomi and baby safety

We designed yoomi for our own babies first. Niall, our youngest son, was yoomi's chief tester, so safety has always been our main concern. The yoomi warmer works using a concentrated non-toxic salt solution. We've coloured it with blue, food grade dye so that if it ever leaked you'd see blue in the teat.

We've also added the bittering agent Bitrex® to the solution so your baby would immediately reject the bottle if the warmer leaked. You can find out how this keeps your child safe at www.bitrex.com.

If you think your warmer is damaged, please stop feeding immediately and throw away the feed and warmer. If you suspect your child swallowed the salt solution seek the advice of a health care practitioner. If you touch the salt solution then wash your hands.

'just right' temperature

If you follow our instructions and use a yoomi warmer then you'll never have overheated feed again. Heating feeds using hot water or a microwave may destroy nutrients and can cause scalding in your baby's mouth. It could also mean your baby prefers hotter feeds so they struggle with combination feeding.

We've designed yoomi to warm feed to the natural temperature of breast milk, around 32 to 34°C. Breast milk's a little cooler than body temperature so the feed from your yoomi should feel slightly cool.

yoomi[®]
feeding system

10019/EN4

recharge tips

using the yoomi charging pod

Some microwaves may need a little training to use the yoomi pod. You'll know this if your first recharge has not been successful. If the base feels rigid and you cannot hear a rattle, this means your warmer has not fully charged.

To train your microwave...

- Leave the warmer in cold water until fully cooled.
- Return the warmer to the pod and restart the charging process as per the guidelines overleaf.
- After the second shake, simply add a third heating duration of 10 seconds and shake again.
- Remove from the pod and cool for 20 mins in cold water as normal.
- The base should now be soft to touch and you should hear a rattle.
- Remember to use the third step for every charge.

Do not microwave your warmer without its pod.

- The warmer must be at room temperature before you charge it in the pod. If the warmer is already warm to begin with, it will over-cook and you'll damage your warmer.
- The pod has a red warning band – this only becomes visible when the warmer has over-cooked.
- The pod arms will lock into place to prevent you from opening it until the warmer has cooled down. Your warmer will need to be replaced.

using a pan or steam steriliser

When boiling your warmers, remember to charge them on their side and set a timer for 25 mins. Using a timer ensures you don't over-cook your warmers! After cooling, the base should be soft to touch and you should hear a rattle. No rattle? Sounds slushy? Reset your warmer with a longer charge of 30 minutes.

Do you have several warmers? Why not boil them all at once in a pan for 25 minutes?

yoomi can be recharged up to 150 times. If you would like to keep track of how old your yoomi is, tick (✓) a box every time you charge. Date of first use: / /

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40	41	42	43	44	45
46	47	48	49	50	51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70	71	72	73	74	75
76	77	78	79	80	81	82	83	84	85	86	87	88	89	90
91	92	93	94	95	96	97	98	99	100	101	102	103	104	105
106	107	108	109	110	111	112	113	114	115	116	117	118	119	120
121	122	123	124	125	126	127	128	129	130	131	132	133	134	135
136	137	138	139	140	141	142	143	144	145	146	147	148	149	150

taking care of your yoomi products

Here are a few hints and tips to keep your yoomi kit in tip top condition.

- We think a teat brush is the right thing for yoomi teats. It's best not to turn the teat inside out as it could get damaged. Safety and hygiene are very important to the yoomi family so we recommend you replace your teats every two months.
- Give your warmer a rest after charging (75 minutes at room temperature or 20 mins in cold water). If you try to activate the warmer too soon it will be too hot and you will damage it.
- yoomi warmers don't like direct sunlight or extremes of temperature (below 0°C and above 100°C), so please keep them in a cool dry place.
- Charge your yoomi warmer and it will stay that way until its next use
- yoomis can only take so much so show them some love! Don't boil them in kettles, keep them away from solvents and harsh chemicals and don't ever give them to children to play with. They're for grown ups only.
- It's time for a new yoomi warmer when:
 - You've reached 150 feeds
 - The button no longer changes colour when you press it
 - You spot any signs of damage or any blue safety dye appears

We realise you may have purchased your warmer before you started using it. Register your warmer online at www.yoomi.com to not only receive special offers but we will also help you keep track of your usage.

See www.yoomi.com for faq's.

This is not a toy and should be used with adult supervision.



WARNING!

Your child's safety and health is the most important thing at yoomi so please take a few minutes to read the small print.

- Before you use carefully clean and sterilise all yoomi parts.
- Always check the bottle, warmer and teat before you sterilise them. Pull the teat in all directions and throw away anything as soon as you spot damage or weakness. If the warmer is damaged throw away any feed and warmer.
- If you leave the teats in direct sunlight, disinfectant or sterilising solution for too long you can weaken the teat.
- Don't use feeding teats as a soother. Allowing your child continuous or prolonged periods of sucking fluids (even non-sweetened) will cause tooth decay.
- Always check feed temperature before feeding and never warm feed in a microwave. This can cause uneven heating 'hotspots' and could scald your child.
- If you're making up formula feeds always follow the formula manufacturers' instructions and use a feed within two hours or throw it away.
- Give your warmer a rest after charging (75 minutes at room temperature, 20 minutes in cold water). If you try to activate it before it is ready you could permanently damage it. Remember the warmer will be hot after charging so let it cool before you touch it.
- The yoomi warmer only charges in its pod, pans and electric steam sterilisers. **Do not microwave your warmer without its pod.**
- When using a pan or steriliser, always lay the warmer on its side to charge and cool.
- Only activate (press the button) when the warmer is in the bottle
- You can wash yoomi products in the dishwasher. Food colourings can discolour yoomi parts.
- yoomi is only for baby feed.
- Only use the yoomi pod with 750-1000 watt microwaves as per the guidelines.
- Ensure your warmer is cool before charging in the microwave
- **Do not exceed the times in the guidelines.**
- **Do not microwave your warmer without its pod**
- **Do not be tempted to merge the durations**
- **Only one pod at a time in the microwave**
- **You must rinse and dry your pod between uses (cold water).**
- **If the red warning band is visible (2mm or more) during heating the warmer has been overcooked.**
- **If you see any blue liquid do not open the pod until it has fully cooled. The blue liquid is non-toxic but may be hot.**
- **If your warmer has failed to charge correctly, see further recharge tips overleaf.**